

ONE BEAT COLLEGE OF MEDICAL SCIENCES

The Stepping stone for excellent career



One Beat-One Spirit-One Light



PROSPECTUS

**One Beat College of Medical Sciences,
Santgarh Nagar, Bhira, Lakhimpur Kheri U.P.-262901.**

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Schedule for Admission/ Important Dates

1. Application form will be issued from
1/06/2021 to 30/08/2021

2. Last date for receipt of completed
application form 30/08/2021

3. Date & Time of Entrance Examination
31/08/2021 from 10:30am-1:30pm.

4. Date of declaration of result
04/09/2021.

5. Date of Counselling cum admission
08/09/2021 to 10/09/2021.

6. Date of Commencement of Classes
01/10/2021.

Introduction to Dasmesh Charitable Hospital Society

- One Beat Group is run by the Dasmesh Charitable Hospital Society. Society was founded by Sardar Bahadur Singh, a well-established NRI entrepreneur, and social worker. 'ENABLING AND EMPOWERING PEOPLE WITH A MISSION TO STRENGTHEN THEIR RIGHTS' is the purpose of One Beat Group.
- One Beat Group through its registered entity Dasmesh Charitable Hospital Society located at Bhira, district Lakhimpur Kheri, U.P. has become the torchbearer in saving lives of the poorest among the poor through its impactful and resourceful intervention. Sardar Bahadur Singh - A noble soul, a kind-hearted man infused his overall involvement in giving shape and clarity to the cause and wisdom of the organization. Born in a humble background to agriculturist parents in Bhira, imbibed the values of SERVICE to HUMANKIND from the teachings of Sikh gurus, scriptures, and above all from his parents.
- By starting its journey in 2012 from simple medical eye camps, the society has extended its activities in running 150 bedded multi-specialty hospital, a Nursing College, a Pharmacy College, a Paramedical Institute, and Blood Bank besides other community development programs.

Message From the Chairman's Desk.....

Guru Nanak Ji Says " Let no man in the world live in delusion. Without a Guru none can cross over to the other shore"



I believe that education is knowledge, wisdom, and ethics. our One Beat Group a unit of Dasmesh Charitable Hospital Society not only concentrates on providing quality health care services and quality education but also strives to develop professionals who are self-reliant and compassionate.

Educational Institute One Beat College Of Medical Sciences and One Beat Institute Of Paramedical Sciences is emerging as a pioneer in this region. The main aim of our institute is to promote a system of integral education in a student-friendly environment that holistically emphasis on the overall personality development of each and every student.

The institute is well equipped with the art of facilities for teaching and patient care and is poised for tremendous growth in the coming years by the efforts of our highly dedicated and skilled professionals.

Lastly, I would also like to say that you are naturally endowed with the power to hope, to dream, and to act upon your dreams. Here, I would like to remind you that great changes in the world have often been brought about by young people with a passion driving them. The time is now, for each of you to seize the opportunity at hand and create your own legacy.

**S. Bahadur Singh,
Chairman,
One Beat Group.**

*Message From the
Vice-Chairman's Desk.....*

"Sharing is the preamble of my life"



Principles focused on making other's lives healthy and happy mean a lot to me and my belief system in which I was born.

One Beat Group has taken a giant step in providing immediate medical care with a knowledge-based system and has strengthened my perception that Life is precious and it needs to be saved at all costs.

I am very hopeful that the availability and accessibility of the institution will go a long way in alleviating the suffering of the common man through a rights-based approach rather than altruistic motives.

I encourage all of us, irrespective of our beliefs to focus and strengthen the basic ethos of Humanity.

**C.A. (Dr) Manjeet Singh Pardesi,
Vice-Chairman,
One Beat Group.**



"I attribute my success to this, I never gave nor took any excuse."

—Florence Nightingale

Nursing is the noblest profession of all the professions. It is not only in immense demand globally; it also offers a colourful rewarding career. One Beat College of Medical Sciences is one of the unique institutions with Qualified and committed faculties & its sophisticated infrastructure, started in 2019. The primary objective of the institution is to produce competent nurses to face the challenging world of nursing and to meet the emerging health care needs of the society. I wish all the students would be a Nightingale in some part of the world, shining their light, brightening the corner where they are with their humble heart, presence of mind and helping hands serving the humanity to their best.

Mr. Santhosh S.U.

**M.Sc Nursing - Pediatric, M.B.A. (Hospital Administration),
Principal.**

Course Description (Nursing)

Course Details

Name of the Course

- Bachelor of Science in Nursing (B.Sc NURSING)

Level & Duration

- Degree
- 4 Years

Age Limit

- The minimum age for admission shall be 17 years on 31st December of the year in which admission is sought.

Intake Capacity

- 40 Seats

Eligibility Criteria

Minimum education

- 10+2 class passed with Science (PCB) & English Core/English
- Elective with aggregate of 45% marks from recognized board under AISSCE/CBSE/ICSE/SSCE/HSCE or other equivalent board.
- The student shall be medically fit.
- Students appearing in 10+2 examination in Science conducted by National Institute of Open School with 45% marks.
- Students shall be admitted once a year.

Name of the Course

- Auxiliary Nurse & Midwife (ANM)

Level & Duration

- Diploma
- 2 years

Age Limit

- The minimum age for admission shall be 17 years on or before 31st December of the year in which admission is sought.
- The maximum age for admission shall be 35 years.

Intake Capacity

- 40 Seats

Eligibility Criteria

- The minimum age for admission shall be 17 years on or before 31st December of the year in which admission is sought.
- The maximum age for admission shall be 35 years.
- The minimum educational requirements shall be 10 + 2 in Arts OR any stream.
- Student shall be medically fit.
- Students qualified in 10+2 Arts or Science examination conducted by National Institute of Open School.
- Student shall be admitted once in a year.

Name of the Course

- General Nursing & Midwifery

Level & Duration

- Diploma
- 3 years

Age Limit

- **The minimum** age for admission will be 17 years. (as of 31st December of that year) The upper age limit is 35 yrs.

IntakeCapacity

- 40 Seats

Eligibility Criteria

Minimum education

- 10+2 with English and must have obtained a minimum of 40% at the qualifying examination and English individually for any recognized board. However, Science is preferable.
- 10+2 with English having 40% of marks in vocational ANM course from the school recognized by Indian Nursing council.
- 10+2 with English having 40% of marks in Vocational Stream-Health care Science from a recognized CBSE board/Centre
- Student shall be medically fit.
- Registered ANM with pass mark.

For foreign nationals

- The entry qualification equivalency i.e., 12th standard will be obtained by Association of Indian Universities, New Delhi. Institution, State Nursing Council will be responsible to ensure that the qualification and eligibility will be equivalent to what has been prescribed as above.
- Students shall be medically fit.

Affiliation & Approval.

Recognized by:- U.P. STATE GOVERNMENT, LUCKNOW

Approved by:- U.P. STATE MEDICAL FACULTY,
LUCKNOW (1361) &
INDIAN NURSING COUNCIL, NEW DELHI



Affiliated To:-ATAL BIHARI VAJPAYEE MEDICAL UNIVERSITY,
LUCKNOW (U.P.)



FEE STRUCTURE

B.Sc NURSING

B.SC NURSING 1ST YEAR

• Total First year Fee	₹1,22,000.00
• June-September	₹50,000.00
• December	₹50,000.00
• March	₹22,000.00
• Dress & Books	₹10,000.00
• Examination Fee	₹10,000.00

B.SC NURSING 2ND YEAR

• Total second year Fee	₹90,000.00
• June-September	₹50,000.00
• December	₹25,000.00
• March	₹15,000.00
• Examination Fee	₹10,000.00

B.SC NURSING 3RD YEAR

• Total third year Fee	₹90,000.00
• June-September	₹50,000.00
• December	₹25,000.00
• March	₹15,000.00
• Examination Fee	₹10,000.00

B.SC NURSING 4TH YEAR

• Total fourth year Fee	₹90,000.00
• June-September	₹50,000.00
• December	₹25,000.00
• March	₹15,000.00
• Examination Fee	₹10,000.00

FEE STRUCTURE

GNM

GNM 1ST YEAR

• Total First year Fee	₹1,10,000.00
• June - September	₹50,000.00
• December	₹30,000.00
• March	₹30,000.00
• Dress & Books	₹10,000.00
• Examination Fee	₹5,000.00

GNM 2ND YEAR

• Total second year Fee	₹70,000.00
• June - September	₹35,000.00
• December	₹25,000.00
• March	₹10,000.00
• Examination Fee	₹5,000.00

GNM 3rd YEAR

• Total third year Fee	₹70,000.00
• June - September	₹35,000.00
• December	₹25,000.00
• March	₹10,000.00
• Examination Fee	₹5,000.00

FEE STRUCTURE

ANM

ANM FIRST YEAR

• TOTAL FIRST YEAR FEE	₹71,000.00
• JUNE- SEPTEMBER	₹40,000.00
• DECEMBER	₹20,000.00
• MARCH	₹11,000.00
• DRESS & BOOKS	₹10,000.00
• EXAMINATION FEE	₹5,000.00

ANM SECOND YEAR

• TOTAL SECOND YEAR FEE	₹59,000.00
• JUNE - SEPTEMBER	₹30,000.00
• DECEMBER	₹20,000.00
• MARCH	₹9,000.00
• EXAMINATION FEE	₹5,000.00

Career Opportunity Government Sector & Private Sector

- Hospital / Clinical
- Community Services
- Industrial Nurse
- Nurse Practitioner
- Military Nurse
- Teaching
- Research
- Higher studies

- Staff Nurse / Nursing Officer
- Industrial Nurse
- Nursing Superintendent
- Assistant Nursing Superintendent
- Director of Nursing
- Military Nurse
- Deputy Nursing Superintendent
- Higher studies
- Nurse Practitioner
- Police, Railways & Govt Establishments
- Government Hospital
- Private Hospital
- Educational Institutions
- Teaching
- Research
- Community Health Officers

B.Sc Nursing

- Government / Private Hospitals
- Clinics / Nursing Homes
- Hospice/ Schools
- Military / Industries
- Wellness Centres
- Public Health Offices
- Home Care / CHC
- PHC / MLHP/ NP
- Teaching / Research
- NGO
- Industries., etc....

GNM

- Government
- Private Hospitals
- Clinics
- Nursing Homes
- Hospice
- Schools/ Military Industries/ Wellness Centres / Public Health Offices / Home Care / CHC PHC

ANM

- CHC /
- PHC /
- Health Worker
- In hospitals
- Nursing field
- Asha worker

Teaching Staffs



Mr. Santhosh S.U.
(M.Sc Nursing) Pediatrics
Principal



Dr. Shwetha Rani C.M. Ph.D.(N)
(M.Sc Nursing) OBG
Associate Professor



Mrs. Baljindar Kaur
(P.B.B.Sc Nursing)
Nursing Tutor



Ms. Nisha Dashauni
(M.Sc Nursing) CHN
Nursing Tutor



Miss. Archita Pandey
(B.Sc Nursing)
Nursing Tutor



Miss. Rita Pokhariya
(B.Sc Nursing)
Nursing Tutor



Miss. Parmeet Kaur
(B.Sc Nursing)
Nursing Tutor



**Miss. Supriya Maurya
(B.Sc Nursing)
Nursing Tutor**



**Miss. Jaspreet Kaur
(B.Sc Nursing)
Nursing Tutor**



**Mr. Shubham Pandey
(B.Sc Nursing)
Nursing Tutor**



**Mr. Anand Singh
(B.Sc Nursing)
Nursing Tutor**



**Miss. Deepika Massey
(P.B.B.Sc Nursing)
Nursing Tutor**

INFRASTRUCTURE / PHYSICAL FACILITIES

One Beat College Of Medical Sciences occupies 5 acre land with beautiful buildings surrounded by beautiful lush green garden embedded with colourful flowers.

FACULTY:

The One beat college of medical sciences has highly qualified experienced and Dedicated faculty who are responsible for overall to make the students professionally, efficient to face the current challenges of nursing Profession.

LECTURE HALLS

The college has sufficient and specious lecture halls as prescribed by the council for each batch. They are well ventilated. The desks are well spaced out. Each lecture hall has comfortable seating arrangement, light, fans, Dias and podium along with the facility to use latest Audio-Visual teaching aids.

Laboratories

We have spacious, fully equipped laboratories where various procedures have been demonstrated to students and allowed students to practice. The main aim is to give complete practical training in each department to develop their knowledge and skill and prepare students for upcoming clinical challenges.

Laboratories are as follows:

- 1) Nursing Foundation Lab.
- 2)Pre clinical Science Lab.(Bio-chemistry, Microbiology, Anatomy & Physiology)
- 3) Nutrition Lab
- 4) Community Health Nursing Lab
- 5) Maternal And Child Health Nursing Lab
- 6) Advance Nursing Lab
- 7) Computer Lab
- 8) Audio Visual Lab

All the laboratories are constructed and equipped as per the guidelines of Indian Nursing Council.

CLINICAL TRAINING

We have our own 150 bedded multi-speciality parent hospital One Beat Dasmesh Charitable Hospital which provides immense training and learning opportunities and platform for the nursing students, located at Bhira, Kheri, District -Lakhimpur, Uttar Pradesh. The students are required to be in the clinical area six to eight hours to gain the knowledge and skills, as per to their Curriculum. The students are posted for clinical practice in all the specialised areas covering all departments like medicine, surgery, obstetrics, gynaecology, paediatrics, orthopedics, ophthalmic, emergency and casualty, HDU, ICU, neonatal ICU, various wards, pathology lab, X-ray, blood bank and ambulance services. One of the best facilities rendered by the hospital is free of cost eye surgeries and general surgeries to the needy.



COMMUNITY HEALTH NURSING POSTING



The college has affiliation with rural public health centers, to fulfill the need of medical assistance in acute areas by special outdoor visits. Camps are also being arranged by the college students as a part of their curriculum to provide basic health care, general check-ups, family planning assistance, health education and awareness programmes, school health programmes in these areas to improve health status of the individual and community..

We have Affiliated with 2 CHC and 3 PHC namely:

- A. Community Health Center -Palia.
- B. Community Health Center Bijua.
- C. Primary Health Center-Bhira.
- D. Primary Health Center- Mailani.
- E. Primary Health Center- Padariatula



FUNDAMENTALS OF NURSING LAB

FON lab is a well-equipped elementary lab aimed to demonstrate competency in performing basic nursing skills for individuals with common health alterations. There are adequate multipurpose mannequins in which student can practice the various nursing procedures before actual experience at hospital. The lab provides variety of AV Aids which is fundamental to their learning and is spacious enough so that we can perform simulation to enhance the bridging between the theory and practice.



This laboratory is basically for *first* year students to develop skill in imparting basic nursing care to patients like meeting personal hygiene needs; elementary needs. and practicing basic nursing procedures.

The lab also has highly advanced mannequin and equipment's with special features to learn the basic nursing procedures.



PRE CLINICAL SCIENCE LAB (BIO-CHEMISTRY, MICROBIOLOGY, ANATOMY & PHYSIOLOGY)



This Laboratory is well equipped with human skeleton, bones, 3D models of various organs, charts & equipment's. Latest CD's are available for the students and provides opportunity for the students to understand the various structures and functions of the human body.



It enables learning using articulated skeletons, torsos, bones, models, Audio visual aids etc. These models and specimens serve as a real organ for a beginner in nursing and provide comprehensive learning about the human body.



NUTRITION AND BIOCHEMISTRY LAB

This lab is basically for first year students. It is like a mini kitchen and fully equipped with modern electronic gadgets like the food processor, refrigerator, and other utensils for practical demonstration of liquid, semi-liquid, solid diet and develop the concept of special dietary requirements as per age, BMI, and disease conditions.



COMMUNITY HEALTH NURSING LAB:

This Laboratory is utilized for Rural and Urban Health experience for Nursing Students. The Laboratory is well equipped with Performa for data collection of individual's family & community, Performa for health assessment of infant, toddler, preschool, school going children, adult, geriatric age group & special groups like Antenatal, Intra-natal, Postnatal mother and nursing mothers, family folder, referral etc. Community Health Nursing bags, health education materials, charts, models, puppets, flash cards, informative booklets are provided for comprehensive services to the Rural Training Health Centre, and Urban Training Centre.



MATERNAL AND CHILD HEALTH NURSING LAB:

This lab constitutes both obstetrical & gynaecological lab and child health nursing lab. MCH Lab is divided into two sections, Obstetrics and Gynaecology Section and Paediatric Section.



Provision of nursing care to mother and child is an important nursing responsibility for which students are trained during their training. MCH Lab provides a learning atmosphere to the students for developing skills before performing procedures in the hospital. The lab contains various obstetrical simulators, mannequins, articles and forceps used in obstetrical and gynaecology, phototherapy and warmers for new born babies, chart's, models and etc.. related to antenatal, intranatal postnatal care and essential paediatrics care to demonstrate and practice various procedures carried out in hospital and community settings.

ADVANCE NURSING LAB:

This laboratory is specially designed for nursing students to develop skills in advanced nursing procedures. The advanced medical surgical nursing lab at teaching and training students the nursing skills necessary to provide comprehensive care for adult patients suffering from variety of medical -surgical disorders and preparing nursing graduate qualified in the care of the adult patients according to highest standards of nursing care.



It is providing students with basic and advanced nursing skills necessary for patient care and provides hands on learning experience in procedures like CPR (adult and pediatrics), intubation mannequins, ventilator models, AED mechnes etc and facilitating transition to actual clinical setting.



AUDIO VISUAL LAB



This laboratory is equipped with adequate number of audio visual aids like over head projectors, LCDS, CDS, charts, models, TV, music system, slide projector etc to enhance the learning process.

A.V.aids materials are produced, distributed and used as planned components of educational programs. A.V.aids is multi sensory materials which motivate and stimulate the individual. These are planned educational materials that help the students in quick learning s and for clear understanding. There is a plenty of work space and other resources available to support collaborative study, student can work independently with peer's one on one with staff member.

COMPUTER LAB

Nursing has always been a very technically advanced field. Computers are an integral part of hospital and private practice culture, and thus of the nursing profession. Computer systems are used for Patient Administration, Electronic Medical Records, and Inter office communication and in other applications. Computer Lab develops basic understanding of the uses of computer and its applications in nursing.

Computer Lab at One Beat College of Medical Sciences is equipped with sufficient computer systems at a ratio of 1:5 and supported with high bandwidth internet speed; there is UPS system that ensures uninterrupted power supply. The college is also Wi-Fi Enabled.



LIBRARY



The College has got its own good Library. It provides latest and up to date reference and for all the Nursing courses (around 1600 books) run by One beat college of medical sciences.

International and national Journals, Periodicals, Newspapers, and Magazines are available.



AUDITORIUM



The Auditorium is spacious, equipped with latest audio video facilities with capacity of 400 and is being extensively used for all, seminar, guest lectures, symposium, workshop and extracurricular activities like poster competition, rangoli competition etc.



OTHER FACILITIES

CANTEEN FACILITY:



The Canteen Contains Dining Hall, Pantry, Kitchen, Washing Place And Store Room. In Addition Canteen Managing Committee has been formed which constitutes faculty members and student head from each department For Maintaining Food taste, Quality And Hygiene Standards. We serve healthy food prepared as per the menu given by food committee. The canteen also serves cold drinks, beverages, snacks and other refreshments.

TRANSPORTATION FACILITIES



One Beat College of Medical Sciences has free uninterrupted transport facilities. We have a 50 seater (air conditioned) bus to help the students and faculties for transportation during clinical postings, community postings and other camps.

MEDICAL FACILITIES AVAILABLE FOR FACULTY AND STUDENTS

One Beat College Of Medical Sciences, Provides 24x7 Medical facilities to the students and faculty members from our parent hospital- . it is a 150 Bedded Hospital Attached To Nursing College. Ambulance Service is also available.



HOSTEL FACILITY :



One Beat College of Medical Sciences, Of Colleges has Hostel Facility to accommodate 150 Girls along with Mess and recreation Facilities.



Direct Admission Process

For All Courses Admissions will be taken through Entrance examination conducted by College / Competent Authority.

Admission Procedure

- Candidate seeking admission in any of the academic program of the Institute is required to fill up the given application form in brochure.
- The Prospectus-cum-application form can be obtained from the cash counter of the institute in any working day after depositing fee amount of Rs. 5000/- only.
- Admission will be made entirely on the basis of performance of candidates at the Entrance Test to be conducted by the Institution / Competent Authority.

Submission of Application Form

- Duly filled in application form should be submitted for entrance examination.

Mode of Selection

- All the above seats shall be filled through entrance exam or interview or both conducted by institute / Competent Authority. Candidate looking for admission as per eligibility are required to appear in the entrance exam.
- One Question Paper of 3 hours duration will be given for 100 marks, which includes objective type questions for 70 marks and subjective type questions for 30 marks. It is compulsory to attend all the questions.

The Entrance Exam will be conducted in English language only.

- There will be no negative marking done.
- If any candidate does not receive his/her admit card, He/she may contact in the Institute before the entrance test for duplicate admit card.
- Candidate must carry pencil, ball point pen and admit card at the time of entrance test
- Candidates are required to enter the exam hall half an hour before the commencement of the Exam.
- List Of Eligible Candidates will be displayed in College's Website as well as on notice board of the college.

Admission to college

- a) Selected Students shall pay the first instalment fees of the first year of the course at the time of admission.
- b) The candidates are expected to produce the following documents in original at the time of Admission:

- Certificate of passing the qualifying examination
- Original marksheet of High School.
- Original marksheet of Intermediate.
- Original Transfer Certificate or School Leaving Certificate, Migration certificate.
- Caste certificate issued by the competent authority, if admission is against reserved category.
- Character/Conduct Certificate
- Aadhar Card, Voter ID.
- Certificate of change of name, if applicable supported by documentary evidence like government Gazette.
- Gap certificate.

One Beat Group

- ONE BEAT DASMESH MULTISPECIALITY HOSPITAL
- ONE BEAT BLOOD BANK
- ONE BEAT COLLEGE OF MEDICAL SCIENCES
- ONE BEAT PARAMEDICAL INSTITUTE



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